

IT MUST BE SO!

1. If you want to live a meaningful life at every moment without disappointment, it is important to live by what for you must be so! ...and carefully monitor the course of events in your life to see if that is the self and life you would willingly live eternally! ...if so, continue!

2. To live your life by what must be so, begin by discarding all of your previous beliefs and experiences about life! ...ohh, all right! ...save a few old beliefs and experiences ...but only precious ones dear to your heart! ...for this process is the same cleansing offered through death and rebirth! (Book 54)

3. After this cleansing, start anew to rebuild your awarenesses and realizations of your self and life, as a child does, with what you truly believe must be so!

4. If you continue living by truth, by ultimate reality, by matters as they are, by universal laws, by reliance upon your feelings ...and an inner-world, by what you discern and know, or by experiences and memories, though you believe this is wise ...or an extremely smart way to live, it is a wrong-smart that will create a life that will end in disappointment ...without any real meaning or purpose!

5. It seems you are too wrong-smart for your own good! ...and, unfortunately, instead of starting anew to live the life that for you must be so, you call upon memories to live your wrong-smart self over and over, ...does that still seem so wise?

6. If you know the eternal context of your self and life (Book 6) ...and you are truly unhappy in your present life ...must that be so? ...must you continue in that? ...of course not! ...that would really be wrong-smart! ...so discard that idea and begin anew! ...unfortunately, in beginning anew, you tend to follow your memories ...and continue your old beliefs and ways ...and unhappiness!

7. If you are discontent in what you are doing, must that be so? ...and must that continue? ...of course not! ...so discard that and begin anew ...or be content! ...of course, being content does not mean being satisfied ...that is contentment!

8. Being content means *not being discontent!* (Book 23)

9. Obviously, *being content* is foolish to those seeking truth or ultimate reality, in any form, to live by, for even if shown the truth or told about ultimate reality, these things would be so ridiculous they would resoundingly reject them ...and search for what must be true!

10. *Is it possible that what must be true and what must be so for you are at war in your body and life? ...or at least in conflict?*

11. *Is there a truth in your life ...such as a purpose or destiny? ...or meaning and purpose? ...that you are trying to discover and live? ...or ignore? ...which will only breed discontent? ...or are you living as you truly desire ...such that your being content must be so?*

12. *Can you live by any belief, thought, attitude, emotion, word, and action you truly desire ...and be content? Can you be disappointed and content? ...or sick or hurt and be content in that? Can you be angry and content in that?*

13. *It seems that living as you truly desire ...and being content is more-important than truth, destiny, meaning or purpose, or anything in your body or life, ...it must be so!*

Being content is not being discontent!